

## BOOKINGS

[helen@thewatershedgroup.co.uk](mailto:helen@thewatershedgroup.co.uk)

+44 (0) 7729 982438

## DISCUSS

[stephen@thewatershedgroup.co.uk](mailto:stephen@thewatershedgroup.co.uk)

+44 (0) 7811 129756

**ATTENDED BY:** Head chefs, heading to head chef – all hospitality contexts – restaurants, bakeries, pubs, bars, hotels

## HOW IT WORKS

*Building Strong Brigades* runs two days over two consecutive weeks and is an alternative to *Good to Great*. It is shorter and more pragmatic. It focuses on tools for managing teams live on the shift. As a guide, about half of the chefs who get to compare the two programmes via interview choose BSB.

COURSE PROSPECTUS

# BUILDING STRONG BRIGADES

A LEADERSHIP PROGRAMME FOR CHEFS

£395.00+VAT



## WHAT IS IT?

The chef's job is 'physical', 'adrenaline-driven', 'inspiring', 'rewarding', 'high pressure' and for some 'the hardest thing you've done in your life' It takes a disciplined and committed leader to build a strong brigade.

High performance is a collective endeavour, which means the quality of interactions between people is as important as the performance of individuals. We all talk about the importance of teamwork; we all spend a lot

of time working as part of teams, and yet genuine high performing behaviour in teams is quite rare. For many brigades, it is one of the most untapped opportunities for improvement. A workshop filled with tools for managing the brigade live on shift. Tools for giving feedback, communicating clearly, delegating and coaching.

## COURSE OUTLINE

Days 1 & 2

- What is leadership
- Leadership in pressured environments
- Understanding achievement-led working climates
- Making short performance interventions
- The place of individual performance goals
- Exercises in communication
- Leading teams in high pressure environments an introduction to the performance curve
- Interpersonal skills and resilience
- Setting goals

- Setting goals
- Giving feedback under pressure
- Briefing and debriefing shifts
- Check in on some of the basics: saying no, asking for what you want, running meetings
- The ability to problem solve and flex when things go wrong
- Crisis management: Having difficult conversations at speed
- Delegation – traps to avoid and good process
- Coaching live on shift

## LEARNING OUTCOMES

Participants will come away from the programme with:

- A broader understanding of effective leadership
- Lessons from other high-pressure environments – how leaders get the best from their teams
- An appreciation that 'How people behave in teams is complex'
- Tools for
  - Setting goals for self and others
  - Giving and receiving feedback
  - Getting the best from self every shift
  - Delegating responsibility
  - Running effective briefings, meetings and debriefings
  - Coaching others

## 2025 DATES (ALL WORKSHOPS 1000-1600)

### Glasgow MAY 2025

Day 1: Wednesday 28<sup>th</sup> May

Day 2: Thursday 29<sup>th</sup> May

### Bristol APRIL 2025

Day 1: Wednesday 16<sup>th</sup> April

Day 2: Thursday 17<sup>th</sup> April

### Manchester FEBRUARY 2025

Day 1: Wednesday 19<sup>th</sup> February

Day 2: Thursday 20<sup>th</sup> February

### London MARCH 2025

Day 1: Wednesday 19<sup>th</sup> March

Day 2: Wednesday 26<sup>th</sup> March

### Glasgow NOVEMBER 2025

Day 1: Wednesday 12<sup>th</sup> November

Day 2: Thursday 13<sup>th</sup> November

### Bristol OCTOBER 2025

Day 1: Wednesday 8<sup>th</sup> October

Day 2: Thursday 9<sup>th</sup> October

### Manchester SEPTEMBER 2025

Day 1: Tuesday 9<sup>th</sup> September

Day 2: Wednesday 10<sup>th</sup> September

### London JUNE 2025

Day 1: Thursday 19<sup>th</sup> June

Day 2: Thursday 26<sup>th</sup> June

### London SEPTEMBER 2025

Day 1: Tuesday 23<sup>rd</sup> September

Day 2: Tuesday 30<sup>th</sup> September

### London NOVEMBER 2025

Day 1: Wednesday 19<sup>th</sup> November

Day 2: Wednesday 26<sup>th</sup> November

