

## BOOKINGS

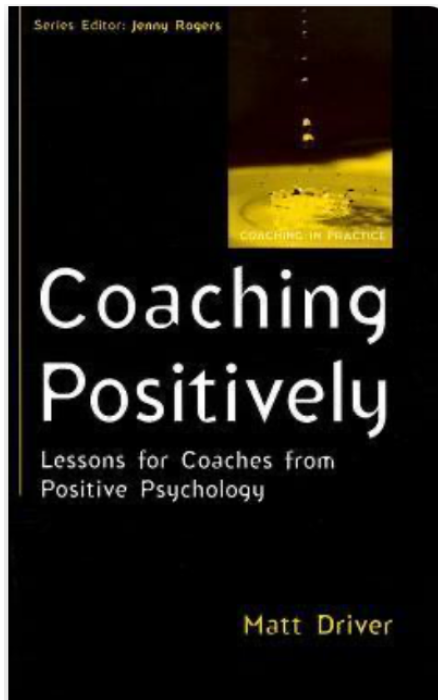
[helen@thewatershedgroup.co.uk](mailto:helen@thewatershedgroup.co.uk)  
+44 (0) 7729 982438

## DISCUSS

[stephen@thewatershedgroup.co.uk](mailto:stephen@thewatershedgroup.co.uk)  
+44 (0) 7811 129756

## THE FOUNDER AS COACH

Friday 20<sup>th</sup> June  
10am – 3 pm  
The Coal Office, Kings Cross  
Yards, 2 Bagley Walk, London  
N1C 4PQ



Coaching helps us see relationships beyond the obvious and develops our ability to create a vision and a common language which inspires and motivates.

**On completion of the workshop you will be able to confidently run your own coaching sessions. This will include:**

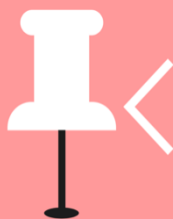
- Building rapport, trust and psychological safety
- Setting programme and session goals
- Managing the coaching process
- Listening at depth and asking powerful questions that enable change
- Using appropriate tools and techniques on a range of relationship and behaviour issues
- 'Upright' coaching – short 'corridor' interventions.
- Working with colleagues to move them to action and accountability

### Matt Driver

- The *Founder as Coach* is a single day event run by Matt Driver, coaches' coach and author of *Coaching Positively*. We explore what they teach you at coaching school and how these skills, frameworks, techniques and processes apply to today's restaurant business founder. Matt believes that growth and development are fundamental to human well-being as well as to success for individuals, teams and organisations. Matt's focus is the area where business and psychology meet and he has a strong academic and hands-on background to support this.

## WATERSHED FOUNDERS BREAKFAST EVENTS

£195.00



Founding, sustaining and growing a hospitality business is an exceptional achievement. As success follows, so do layers of management. At every one of these inflexion points the founder faces new challenges.

With this in mind, we run regular founders' breakfast events which cover a range of management subjects. Fees can be used as a credit against future bookings for your managers and chefs

Hosted by Watershed, and led by specialist facilitators, the events are lively, informing and there's always plenty to take away and act on

